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UNPAID ELDERCARE IN THE UNITED STATES — 2013-14 DATA FROM THE AMERICAN TIME USE SURVEY

Sixteen percent (40.4 million) of the civilian noninstitutional population age 15 and over provide unpaid eldercare, the U.S. Bureau of Labor Statistics reported today. Of the 40.4 million eldercare providers, a majority are employed (61 percent) and nearly one-half are employed full time (47 percent). These estimates are averages for the 2-year period of 2013-14; combining the 2 years of data facilitates a more in-depth analysis of eldercare.

Eldercare providers are defined as individuals who provide unpaid care to someone age 65 or older who needs help because of a condition related to aging. This care can be provided to household or nonhousehold members, as well as persons living in retirement homes or assisted care facilities. Eldercare can involve a range of care activities, such as assisting with grooming, preparing meals, and providing transportation. Eldercare also can involve providing companionship or being available to assist when help is needed, and thus it can be associated with nearly any activity.

Information about eldercare providers and the time they spend providing care were collected as part of the American Time Use Survey (ATUS). The ATUS is a continuous household survey that provides estimates on how people spend their time. For a description of ATUS data, concepts, and methodology, see the Technical Note.

Eldercare providers in 2013-14

- Of the 40.4 million eldercare providers in the civilian noninstitutional population age 15 and over, the majority (57 percent) were women. (See table 1.)
- Individuals whose ages were 45 to 64 were the most likely to provide eldercare (23 percent), followed by those age 65 and over (17 percent). (See table 1.)
- Nearly one-half of eldercare providers had provided care for 2 years or less, while 15 percent had provided care for 10 years or more. (See table 2.)
- The majority (70 percent) of eldercare providers cared for only one person. Twenty-two percent of eldercare providers cared for two persons, and 7 percent cared for three or more persons. (See table 2.)

- Eighty-three percent of eldercare providers cared only for persons with whom they did not live. (See table 2.)
- Twenty-two percent of all eldercare providers were parents with children under age 18 living with them. (See table 2.)
- Over half of eldercare providers ages 15 to 34 cared for a grandparent, while the majority of providers ages 35 to 64 cared for a parent. Providers ages 65 and over were more likely than those in other age groups to care for a friend or neighbor. (See table 3.)

Time spent providing eldercare in 2013-14

- On a given day, nearly one-fourth (24 percent) of eldercare providers engaged in eldercare. Eldercare providers who were ages 65 and older were the most likely to provide care on a given day. (See table 4.)
- There were 6.3 million eldercare providers who cared solely for someone with whom they lived. On average over all days—including days they did and did not provide care—these providers spent 2.8 hours per day providing care. (See table 4.)
- Eldercare providers who cared for a spouse or unmarried partner spent an average of 4.0 hours per day providing eldercare (includes days they did and did not provide care). (See table 4.)
- On days they provided eldercare, persons spent an average of 3.2 hours in caregiving activities. Providers ages 65 and over spent the most time providing eldercare (4.4 hours), and providers ages 15 to 24 spent the least amount of time (1.1 hours). (See table 4.)
- On weekend days they provided care, eldercare providers spent an average of 3.6 hours doing so. This compares to an average of 3.0 hours for those who provided care on weekdays. (See table 4.)
- On days they provided eldercare, women spent more time providing this care than did men (3.5 hours compared with 2.7 hours). (See table 5.)

Eldercare activities in 2013-14

- On days they provided care, 39 percent of eldercare providers engaged in caregiving associated with household activities, spending on average 40 minutes per day in these activities. This includes 28 percent of providers who engaged in eldercare associated with food preparation and cleanup and 12 percent who provided eldercare associated with housework. (See table 5.)
- Thirty-two percent of eldercare providers engaged in caregiving associated with leisure and sports on days they provided care, spending 1.1 hours per day in these activities. This includes 20 percent of eldercare providers who engaged in eldercare associated with socializing and communicating and 13 percent who provided care while watching TV. (See table 5.)
- Women were more likely than men to provide eldercare associated with household activities on days they provided care (41 percent compared with 35 percent), whereas women and men were about

equally likely to provide eldercare associated with leisure and sports (33 percent and 30 percent, respectively). (See table 5.)

Eldercare providers who were parents of household children under age 18 in 2013-14

- There were 8.7 million eldercare providers whose children lived with them. Of these parents, nearly one-third (32 percent) had a child under age 6, and the remainder (69 percent) were parents whose youngest child was between the ages of 6 and 17. (See table 9.)
- One-half (50 percent) of eldercare providers who were parents of children under the age of 18 provided care for their own parent. These persons sometimes are described as members of the “sandwich generation” because they are in between two generations that require care. (See table 9.)
- Most (78 percent) eldercare providers who were parents were employed, and 63 percent were employed full time. Eighty-five percent of fathers were employed full time, compared with 45 percent of mothers. (See table 9.)
- Sixteen percent of eldercare providers who were parents had no spouse or unmarried partner present in the household. (See table 9.)
- Eldercare providers who were parents were less likely to provide daily care than the overall population of eldercare providers (12 percent compared with 21 percent). (See tables 2 and 9.)

Technical Note

The estimates in this release are from the American Time Use Survey (ATUS). The ATUS, which is conducted by the U.S. Census Bureau for the Bureau of Labor Statistics (BLS), is a continuous survey about how individuals age 15 and over spend their time. In the 2-year period of 2013–2014, nearly 23,000 individuals were interviewed for the ATUS; of these, approximately 3,700 individuals were identified as eldercare providers. Data for the combined years of 2013–2014 were used to facilitate a more in-depth analysis of eldercare.

Information in this release will be made available to sensory impaired individuals upon request. Voice phone: (202) 691-5200; Federal Relay Service: (800) 877-8339.

Survey methodology

ATUS sample households are chosen from the households that completed their eighth (final) interview for the Current Population Survey (CPS), the nation's monthly labor force survey. ATUS sample households are selected to ensure that estimates will be nationally representative of the civilian noninstitutional population. One individual age 15 or over is randomly chosen from each sampled household. This person is interviewed by telephone once about his or her activities on the day before the interview.

All ATUS interviews are conducted using Computer Assisted Telephone Interviewing. Procedures are in place to collect information from the small number of households that did not provide a telephone number during the CPS interview.

ATUS designated persons are preassigned a day of the week about which to report. Preassignment is designed to reduce variability in response rates across the week and to allow oversampling of weekend days so that accurate weekend day measures can be developed. Interviews occur on the day following the assigned day. For example, a person assigned to report about a Monday would be contacted on the following Tuesday. Ten percent of designated persons are assigned to report about each of the five weekdays. Twenty-five percent are assigned to report about each weekend day. Households are called for up to 8 consecutive weeks (for example, 8 Tuesdays) in order to secure an interview.

About the questionnaire

In the time diary portion of the ATUS interview, survey respondents sequentially report activities they did between 4 a.m. on the day before the interview until 4 a.m. on the day of the interview. For each activity, respondents are asked how long the activity lasted. For activities other than personal care activities (such as sleeping and grooming), interviewers also ask respondents where they were and who

was in the room with them (if at home) or who accompanied them (if away from home). If respondents report doing more than one activity at a time, they are asked to identify which one was their main activity. If none can be identified, the interviewer records the first activity mentioned. After completing the time diary, interviewers ask additional questions, including questions to identify eldercare providers and activities done as eldercare. Questions on eldercare were added to the survey in 2011.

After completing the interview, activity descriptions are assigned a single 6-digit code using the ATUS Coding Lexicon. The 3-tier coding system consists of 17 major activity categories, each with multiple second- and third-tier subcategories. These coding lexicon categories are then combined into composite categories for publication. Descriptions of categories shown in this release can be found in the Activity definitions section of this Technical Note. The ATUS Coding Lexicons can be accessed at www.bls.gov/tus/lexicons.htm.

Concepts and definitions

Average day. The average day measure reflects an average distribution across all persons in the reference population and all days of the week.

Average hours per day. The average number of hours spent in a 24-hour day (between 4 a.m. on the diary day and 4 a.m. on the interview day) doing a specified activity.

- *Average hours per day, population.* The average number of hours per day is computed using all responses from a given population, including those of respondents who did not do a particular activity on their diary day. These estimates reflect how many population members engaged in an activity and the amount of time they spent doing it.
- *Average hours per day, persons who did the activity.* The average number of hours per day is computed using only responses from those who engaged in a particular activity on their diary day.

Condition related to aging. An ongoing ailment or physical or emotional limitation that typically affects older people, such as becoming more frail; having difficulty seeing, hearing, or physically moving; becoming more forgetful; tiring more quickly; or having specific medical ailments that are more common among older adults. It also refers to existing conditions that become progressively worse as one ages.

Diary day. The diary day is the day about which the respondent reports. For example, the diary day of a respondent interviewed on Tuesday is Monday.

Eldercare. Eldercare is providing unpaid care or assistance to an individual who needed help because of a condition related to aging. This care can be provided by a family member or non-family member. Care can be provided in the recipient's home, the provider's home, or a care facility such as a nursing home.

Eldercare can involve a range of care activities, such as assisting with grooming and feeding, preparing meals, arranging medical care, and providing transportation. Eldercare also can involve providing companionship or being available to assist when help is needed, and thus it can be associated with nearly any activity.

Estimates of the time spent providing eldercare are derived by summing the durations of activities during which respondents provided care or assistance for an adult who needed help because of a condition related to aging. These estimates never include times the respondent reported sleeping, grooming, or engaging in personal care services.

Eldercare provider. An individual who provided eldercare more than one time in the 3 to 4 months prior to the interview day. The time frame varies slightly by respondent because the question asks about care provided between the first day of a given reference month and the interview day. Estimates are restricted to eldercare providers caring for at least one person age 65 or older.

Employment status

- *Employed.* All persons who:
 - 1) At any time during the 7 days prior to the interview did any work at all as paid employees, or worked in their own business, profession, or on their own farm; or
 - 2) Were not working during the 7 days prior to the interview but had jobs or businesses from which they were temporarily absent because of illness, bad weather, vacation, childcare problems, labor-management disputes, maternity or paternity leave, job training, or other family or personal reasons, whether or not they were paid for the time off or were seeking other jobs; or
 - 3) Usually worked 15 hours or more as unpaid workers in a family-operated enterprise.
- *Employed full time.* Full-time workers are those who usually worked 35 or more hours per week at all jobs combined.
- *Employed part time.* Part-time workers are those who usually worked fewer than 35 hours per week at all jobs combined.

- *Not employed.* Persons are not employed if they do not meet the conditions for employment. People who are not employed include those classified as unemployed as well as those classified as not in the labor force (using CPS definitions).

Household children. Household children are children under age 18 residing in the household of the ATUS respondent. The children may be related to the respondent (such as his or her own children, grandchildren, nieces or nephews, or brothers or sisters) or not related (such as foster children or children of roommates or boarders).

Primary activity. A primary activity is the main activity a respondent was doing at a specified time.

Weekday, weekend, and holiday estimates. Estimates for weekdays are an average of reports about Monday through Friday. Estimates for weekend days and holidays are an average of reports about Saturdays, Sundays, and the following holidays: New Year's Day, Easter, Memorial Day, the Fourth of July, Labor Day, Thanksgiving Day, and Christmas Day. Data were not collected about Christmas Day in 2014.

Activity definitions

The following definitions describe the activities associated with eldercare appearing in this release. These are diary activities that survey respondents identified as ones during which they had provided care or assistance for an adult who needed help because of a condition related to aging.

Eating and drinking. All time spent eating or drinking (except eating and drinking done as part of a work or volunteer activity) is classified here.

Household activities. Household activities are activities done by people to maintain their households. These include housework; cooking; lawn and garden care; pet care; vehicle maintenance and repair; home maintenance, repair, decoration, and renovation; and household management and organizational activities (such as filling out paperwork or planning a party). Food preparation, whether or not reported as done specifically for another household member, is always classified as a household activity unless it was done as a volunteer, work, or income-generating activity.

Purchasing goods and services. This category includes time spent obtaining, receiving, and purchasing consumer goods, professional services, household services, and government services. Consumer purchases include most purchases and rentals of consumer goods. Professional services refer to financial services and banking, legal services, medical and adult care services, real estate services, and veterinary services. Household services include housecleaning; cooking; lawn care and landscaping; pet care; tailoring, laundering, and dry cleaning; vehicle maintenance

and repairs; and home repairs, maintenance, and construction. This category also captures the time spent obtaining government services—such as applying for food stamps—and purchasing government-required licenses or paying fines or fees.

Caring for and helping household members. Time spent doing activities to care for members of the household, regardless of relationship to the respondent or the physical or mental health status of the person being helped, is classified here. This category includes a range of activities done to benefit members of households, such as providing physical and medical care or obtaining medical services.

Caring for and helping nonhousehold members. This category includes time spent in activities done to care for or help individuals who do not live in the household. When done for or through an organization, time spent helping nonhousehold members is classified as volunteering, rather than as helping nonhousehold members.

Working and work-related activities. This category includes time spent working, doing activities as part of one's job, engaging in income-generating activities not as part of one's job, and job search activities. "Working" includes hours spent doing the specific tasks required of one's main or other job, regardless of location or time of day. "Work-related activities" include activities that are not obviously work but are done as part of one's job, such as having a business lunch and playing golf with clients. "Other income-generating activities" are those done "on the side" or under informal arrangement and are not part of a regular job. Such activities might include selling homemade crafts, babysitting, maintaining a rental property, or having a yard sale. These activities are those for which people are paid or will be paid.

Organizational, civic, and religious activities. This category captures time spent volunteering for or through an organization, performing civic obligations, and participating in religious and spiritual activities.

Leisure and sports. The leisure and sports category includes time spent in sports, exercise, and recreation; socializing and communicating; and other leisure activities. Sports, exercise, and recreation activities include participating in—as well as attending or watching—sports, exercise, and recreational activities. Recreational activities include yard games like croquet or horseshoes, as well as activities like billiards and dancing. Socializing and communicating includes face-to-face social communication and hosting or attending social functions. Leisure activities include watching television; reading; relaxing or thinking; playing computer, board, or card games; using a computer or the Internet for personal interest; playing or listening to music; and other activities, such as attending arts, cultural, and entertainment events.

Telephone calls, mail, and e-mail. This category captures time spent in telephone communication and handling household or personal mail or e-mail. This category also includes texting and Internet voice and video calling.

Traveling. This category includes all travel, regardless of mode or purpose, as well as security procedures related to traveling.

Other activities, not elsewhere classified. This is a residual category intended to capture activities not elsewhere classified in each table. These might be ambiguous activities that could not be coded, missing activities, or activities that occurred very infrequently. Missing activities result when respondents do not remember what they did for a period of time, or when they consider an activity too private or personal to report. This category includes a small amount of time that was spent in educational activities, as no educational activities category appears in the tables.

Processing and estimation

After ATUS data are collected, they go through an editing and imputation procedure. Responses to CPS questions that are re-asked in the ATUS go through the regular CPS edit and imputation procedures. Some item nonresponses for questions unique to the ATUS also are imputed.

ATUS records are weighted quarterly to reduce bias in the estimates due to differences in sampling and response rates across subpopulations and days of the week. Specifically, the data are weighted to ensure the following:

- Weekdays represent about 5/7 of the weighted data, and weekend days represent about 2/7 of the weighted data for the population as a whole. The actual proportions depend on the number of weekdays and weekend days in a given quarter.
- The sum of the weights is equal to the number of person-days in the quarter for the population as a whole and for selected subpopulations (the population times the number of days in the quarter).

Reliability of the estimates

Statistics based on the ATUS are subject to both sampling and nonsampling error. When a sample, rather than the entire population, is surveyed, estimates differ from the true population values they represent. The component of this difference that occurs because samples differ by chance is known as *sampling error*, and its variability is measured by the standard error of the estimate.

Sample estimates from a given survey design are unbiased when an average of the estimates from all possible samples would yield, hypothetically, the true population value. In this case, the sample estimate and its standard error can be used to construct approximate confidence intervals, or ranges of values that include the true population value with known probabilities. If the process of selecting a sample from the population were repeated many times, an estimate made from each sample, and a suitable estimate of its standard error calculated for each sample, then approximately 90 percent of the intervals from 1.645 standard errors below the estimate to 1.645 standard errors above the estimate would include the true population value. BLS analyses are generally conducted at the 90-percent level of confidence.

The ATUS data also are affected by *nonsampling error*, which is the average difference between population and sample values for samples generated by a given process. Nonsampling error can occur for many reasons, including the failure to sample a segment of the population, inability to obtain information for all respondents in the sample, inability or unwillingness of respondents to provide correct information, and errors made in the collection or processing of the data. Errors also could occur if non-response is correlated with time use.

Nonsampling error and eldercare. Eldercare done for a spouse or partner may be underreported, especially when the care provided has only recently become necessary. For example, a survey respondent who has always prepared the family dinner may not view cooking as an eldercare activity; if her husband is no longer capable of preparing his own

meals, though, he depends on this assistance and it meets the definition of eldercare.

Additionally, nonsampling error affects data on the frequency of care. Survey respondents were asked how often they provided eldercare in recent months and whether they provided eldercare on the diary day. Information about care provided on the diary day was used to calculate daily participation rates. There are some inconsistencies between the reported frequency of care and the actual provision of eldercare on an average day. For example, in 2013–2014, only 64 percent of eldercare providers who self-reported providing care "daily" actually provided eldercare on an average day. This discrepancy reflects some respondents' choice of "daily" rather than "several times a week" or another option to best describe their eldercare frequency, even while acknowledging they had not provided care on the diary day.

ATUS publication standards

Estimates of average hours per day and participation rates are not published unless there are a minimum number of respondents representing the given population. Additional publication criteria are applied that include the number of respondents who reported doing a specified activity and the standard error or coefficient of variation for the estimate. Estimates that are considered "close to zero" or that round to 0.00, are published as approximately zero. For a detailed description of the statistical reliability criteria necessary for publication, please contact ATUS staff at ATUSinfo@bls.gov.

Table 1. Number and percent of the U.S. population who were eldercare providers by sex and selected characteristics, averages for the combined years 2013-14

[Numbers in thousands]

Characteristic	Total			Men			Women		
	Civilian noninstitutional population	Eldercare providers		Civilian noninstitutional population	Eldercare providers		Civilian noninstitutional population	Eldercare providers	
		Number	Percent of population		Number	Percent of population		Number	Percent of population
Age									
Total, 15 years and over.....	250,949	40,419	16.1	121,316	17,216	14.2	129,633	23,202	17.9
15 to 24 years.....	42,907	4,908	11.4	21,647	2,136	9.9	21,260	2,772	13.0
25 to 34 years.....	41,792	3,770	9.0	20,650	1,681	8.1	21,141	2,089	9.9
35 to 44 years.....	39,589	5,051	12.8	19,409	2,300	11.9	20,180	2,750	13.6
45 to 54 years.....	43,072	9,877	22.9	21,077	4,398	20.9	21,996	5,479	24.9
55 to 64 years.....	39,400	9,194	23.3	18,952	3,994	21.1	20,448	5,200	25.4
65 years and over.....	44,189	7,618	17.2	19,581	2,707	13.8	24,608	4,911	20.0
Race and Hispanic or Latino ethnicity¹									
White.....	203,645	34,372	16.9	99,472	14,813	14.9	104,173	19,560	18.8
Black or African American.....	30,485	4,355	14.3	13,875	1,619	11.7	16,610	2,737	16.5
Hispanic or Latino ethnicity.....	38,856	3,730	9.6	19,482	1,352	6.9	19,373	2,378	12.3
Employment status									
Employed.....	152,673	24,693	16.2	81,364	11,989	14.7	71,309	12,704	17.8
Full-time workers.....	118,569	19,012	16.0	68,843	10,278	14.9	49,726	8,733	17.6
Part-time workers.....	34,105	5,681	16.7	12,522	1,710	13.7	21,583	3,971	18.4
Not employed.....	98,276	15,726	16.0	39,951	5,228	13.1	58,324	10,498	18.0
Educational attainment, 25 years and over									
Less than a high school diploma.....	22,108	2,022	9.1	10,933	896	8.2	11,175	1,125	10.1
High school graduates, no college.....	63,729	10,424	16.4	31,539	4,753	15.1	32,190	5,671	17.6
Some college or associate degree.....	51,260	9,674	18.9	23,236	3,895	16.8	28,024	5,779	20.6
Bachelor's degree and higher.....	70,946	13,390	18.9	33,961	5,535	16.3	36,985	7,855	21.2
Parent of household children under 18 years									
Parent of one or more household children.....	69,600	8,721	12.5	31,416	3,869	12.3	38,184	4,853	12.7
Parent of household children age 6 to 17, none younger.....	36,858	5,977	16.2	16,433	2,520	15.3	20,425	3,458	16.9
Parent of a household child under age 6.....	32,742	2,744	8.4	14,983	1,349	9.0	17,759	1,395	7.9
Not a parent of a household child.....	181,349	31,697	17.5	89,900	13,348	14.8	91,449	18,350	20.1
Marital status									
No spouse or unmarried partner present in household.....	108,675	15,788	14.5	49,839	6,194	12.4	58,836	9,594	16.3
Spouse or unmarried partner present in household.....	142,274	24,630	17.3	71,477	11,022	15.4	70,797	13,608	19.2

¹ Not all race categories are shown. Persons of Hispanic or Latino ethnicity may be of any race.

NOTE: Eldercare providers are those who, in the previous 3 to 4 months, cared for someone with a condition related to aging. Estimates were calculated for persons who cared for at least one person age 65 or older. Unless otherwise specified, data refer to persons 15 years and over.

Table 2. Eldercare providers by sex and selected characteristics related to care provided, averages for the combined years 2013-14
 [Numbers in thousands]

Characteristic	Eldercare providers					
	Total		Men		Women	
	Number	Percent	Number	Percent	Number	Percent
Total, 15 years and over.....	40,419	100.0	17,216	100.0	23,202	100.0
Parent of household children under 18 years						
Parent of one or more household children.....	8,721	21.6	3,869	22.5	4,853	20.9
Parent of a household child age 6 to 17, none younger.....	5,977	14.8	2,520	14.6	3,458	14.9
Parent of a household child under age 6.....	2,744	6.8	1,349	7.8	1,395	6.0
Not a parent of a household child.....	31,697	78.4	13,348	77.5	18,350	79.1
Number of care recipients						
Caring for one person.....	28,427	70.3	11,755	68.3	16,672	71.9
Caring for two persons.....	8,996	22.3	3,984	23.1	5,011	21.6
Caring for three or more persons.....	2,996	7.4	1,477	8.6	1,519	6.5
Relationship to care recipient						
Total, all eldercare providers.....	40,419	- ¹	17,216	- ¹	23,202	- ¹
Caring for a spouse or unmarried partner ²	2,699	6.7	1,021	5.9	1,678	7.2
Caring for a parent.....	17,722	43.8	7,473	43.4	10,249	44.2
Caring for a grandparent ³	6,593	16.3	2,788	16.2	3,805	16.4
Caring for another related person ⁴	8,946	22.1	4,198	24.4	4,747	20.5
Caring for a friend or neighbor.....	7,329	18.1	3,250	18.9	4,078	17.6
Caring for someone else ⁴	2,212	5.5	868	5.0	1,344	5.8
Eldercare providers caring for one person only.....	28,427	100.0	11,755	100.0	16,672	100.0
Caring for a spouse or unmarried partner ²	2,426	8.5	964	8.2	1,462	8.8
Caring for a parent.....	11,943	42.0	4,764	40.5	7,179	43.1
Caring for a grandparent ³	4,274	15.0	1,792	15.2	2,482	14.9
Caring for another related person ⁴	5,126	18.0	2,278	19.4	2,848	17.1
Caring for a friend or neighbor.....	3,783	13.3	1,582	13.5	2,201	13.2
Caring for someone else ⁴	875	3.1	374	3.2	501	3.0
Age of care recipient						
Total, all eldercare providers.....	40,419	- ¹	17,216	- ¹	23,202	- ¹
Caring for someone age 65 to 69.....	5,913	14.6	3,048	17.7	2,865	12.3
Caring for someone age 70 to 74.....	7,791	19.3	3,674	21.3	4,117	17.7
Caring for someone age 75 to 79.....	8,571	21.2	3,877	22.5	4,694	20.2
Caring for someone age 80 to 84.....	10,559	26.1	4,393	25.5	6,166	26.6
Caring for someone age 85 or older.....	15,120	37.4	5,744	33.4	9,376	40.4
Eldercare providers caring for one person only.....	28,427	100.0	11,755	100.0	16,672	100.0
Caring for someone age 65 to 69.....	3,033	10.7	1,589	13.5	1,445	8.7
Caring for someone age 70 to 74.....	4,143	14.6	1,918	16.3	2,224	13.3

See footnotes at end of table.

Table 2. Eldercare providers by sex and selected characteristics related to care provided, averages for the combined years 2013-14 — Continued
 [Numbers in thousands]

Characteristic	Eldercare providers					
	Total		Men		Women	
	Number	Percent	Number	Percent	Number	Percent
Caring for someone age 75 to 79.....	5,061	17.8	2,127	18.1	2,934	17.6
Caring for someone age 80 to 84.....	6,217	21.9	2,526	21.5	3,691	22.1
Caring for someone age 85 or older.....	9,973	35.1	3,596	30.6	6,377	38.3
Care of household or nonhousehold members						
Provided eldercare to household member(s) only.....	6,309	15.6	2,653	15.4	3,656	15.8
Provided eldercare to nonhousehold member(s) only.....	33,457	82.8	14,216	82.6	19,241	82.9
Provided eldercare to both household and nonhousehold person(s).....	653	1.6	348	2.0	306	1.3
Frequency of care⁵						
Provided care daily.....	8,315	20.6	2,931	17.0	5,384	23.2
Provided care several times a week.....	9,730	24.1	4,119	23.9	5,610	24.2
Provided care once a week.....	7,242	17.9	3,149	18.3	4,093	17.6
Provided care several times a month.....	8,181	20.2	3,730	21.7	4,451	19.2
Provided care once a month.....	4,746	11.7	2,199	12.8	2,548	11.0
Other.....	2,205	5.5	1,088	6.3	1,116	4.8
Duration of care⁶						
Provided care for less than 1 year.....	8,557	21.2	3,186	18.5	5,370	23.1
Provided care for 1 to 2 years.....	10,530	26.1	4,253	24.7	6,277	27.1
Provided care for 3 to 4 years.....	6,955	17.2	3,246	18.9	3,709	16.0
Provided care for 5 to 9 years.....	8,224	20.3	3,512	20.4	4,712	20.3
Provided care for 10 years or more.....	6,153	15.2	3,019	17.5	3,134	13.5

¹ Categories sum to more than 100 percent because some eldercare providers cared for more than one person.

² Care for a spouse or unmarried partner may be underreported. See the Technical Note for more information.

³ Refers only to persons caring for a grandparent who did not live with them. Persons caring for a grandparent with whom they lived are included in the category "Caring for another related person."

⁴ The composition of this category changed starting in 2013. Estimates are not strictly comparable to those from previous years.

⁵ Survey participants were asked how often they provided care in the past 3 to 4 months; this information was used to categorize them by frequency of care.

⁶ For persons who provided eldercare to more than 1 person, the duration of care is calculated based on the person for whom they had cared the longest.

NOTE: Eldercare providers are those who, in the previous 3 to 4 months, cared for someone with a condition related to aging. Estimates were calculated for persons who cared for at least one person age 65 or older. Data refer to persons 15 years and over.

Table 3. Eldercare providers by relationship to care recipient and selected characteristics of eldercare providers, averages for the combined years 2013-14

Characteristic	Number of eldercare providers (in thousands)	Percent of eldercare providers caring for ¹					
		A spouse or unmarried partner ²	A parent	A grandparent ³	Another related person ⁴	A friend or neighbor	Someone else ⁴
Age							
Total, 15 years and over.....	40,419	6.7	43.8	16.3	22.1	18.1	5.5
15 to 24 years.....	4,908	— ⁵	7.7	66.2	20.5	10.4	7.2
25 to 34 years.....	3,770	— ⁵	19.3	57.2	16.9	14.3	5.8
35 to 44 years.....	5,051	0.8	54.3	16.5	23.4	15.7	5.9
45 to 54 years.....	9,877	0.9	67.6	3.1	24.3	14.9	5.2
55 to 64 years.....	9,194	3.6	62.6	0.4	25.3	16.3	4.3
65 years and over.....	7,618	29.3	19.0	0.2	18.2	33.0	5.6
Sex							
Men.....	17,216	5.9	43.4	16.2	24.4	18.9	5.0
Women.....	23,202	7.2	44.2	16.4	20.5	17.6	5.8
Race and Hispanic or Latino ethnicity⁶							
White.....	34,372	7.4	44.7	15.0	22.5	17.3	5.5
Black or African American.....	4,355	2.0	38.3	24.2	21.1	23.5	5.8
Hispanic or Latino ethnicity.....	3,730	3.9	41.5	17.9	20.9	16.4	9.0
Employment status							
Employed.....	24,693	2.0	51.7	17.9	23.5	14.9	4.9
Full-time workers.....	19,012	1.4	55.9	16.2	23.4	14.5	4.1
Part-time workers.....	5,681	4.0	37.7	23.7	24.0	16.3	7.4
Not employed.....	15,726	14.1	31.5	13.8	19.9	23.2	6.4
Educational attainment, 25 years and over							
Less than a high school diploma.....	2,022	20.5	40.9	5.2	17.0	21.1	5.4
High school graduates, no college.....	10,424	8.6	47.1	7.9	22.3	19.9	5.9
Some college or associate degree.....	9,674	6.6	50.7	10.0	23.2	19.6	4.6
Bachelor's degree and higher.....	13,390	5.6	50.0	10.9	22.6	18.1	5.2
Parent of household children under 18 years							
Parent of one or more household children.....	8,721	0.6	50.4	20.2	23.2	13.8	5.8
Parent of a household child age 6 to 17, none younger.....	5,977	0.8	59.8	11.9	25.0	11.9	6.4
Parent of a household child under age 6.....	2,744	— ⁵	30.0	38.2	19.1	18.1	4.6
Not a parent of a household child.....	31,697	8.4	42.0	15.3	21.9	19.3	5.4
Marital status							
No spouse or unmarried partner present in household.....	15,788	0.9	40.8	26.4	15.6	21.6	6.5
Spouse or unmarried partner present in household.....	24,630	10.4	45.8	9.8	26.3	15.9	4.8

¹ Categories sum to more than 100 percent because some eldercare providers cared for multiple persons with whom they had different relationships.

² Care for a spouse or unmarried partner may be underreported. See the Technical Note for more information.

³ Refers only to persons caring for a grandparent who did not live with them. Persons caring for a grandparent with whom they lived are included in the category "Another related person."

⁴ The composition of this category changed starting in 2013. Estimates are not strictly comparable to those from previous years.

⁵ Estimate is approximately zero.

⁶ Not all race categories are shown. Persons of Hispanic or Latino ethnicity may be of any race.

NOTE: Eldercare providers are those who, in the previous 3 to 4 months, cared for someone with a condition related to aging. Estimates were calculated for persons who cared for at least one person age 65 or older. Unless otherwise specified, data refer to persons 15 years and over.

Table 4. Percent of eldercare providers who provided care on an average day and time spent providing this care by day of week and selected characteristics, averages for the combined years 2013-14

Characteristic	Number of eldercare providers (in thousands)	Percent of eldercare providers who provided care on an average day			Average hours per day eldercare providers spent providing care			Average hours per day eldercare providers spent providing care on days they engaged in eldercare		
		Total, all days	Weekdays	Weekends and holidays	Total, all days	Weekdays	Weekends and holidays	Total, all days	Weekdays	Weekends and holidays
Age										
Total, 15 years and over.....	40,419	24.4	23.6	26.1	0.78	0.71	0.93	3.19	3.00	3.58
15 to 24 years.....	4,908	14.7	13.5	17.5	0.16	0.13	0.23	1.11	0.98	1.34
25 to 34 years.....	3,770	12.8	11.7	14.9	0.38	- ¹	- ¹	2.97	2.59	3.54
35 to 44 years.....	5,051	21.8	23.4	18.4	0.49	0.51	0.47	2.27	2.16	2.56
45 to 54 years.....	9,877	23.9	22.8	26.3	0.68	0.57	0.90	2.82	2.50	3.44
55 to 64 years.....	9,194	24.7	22.1	31.4	0.78	0.63	1.18	3.17	2.85	3.75
65 years and over.....	7,618	38.2	39.0	36.6	1.68	1.70	1.66	4.41	4.35	4.55
Sex										
Men.....	17,216	22.7	22.2	23.7	0.62	0.51	0.87	2.73	2.30	3.65
Women.....	23,202	25.6	24.6	27.8	0.90	0.85	0.98	3.49	3.47	3.54
Race and Hispanic or Latino ethnicity²										
White.....	34,372	24.5	23.4	26.7	0.81	0.73	0.99	3.31	3.12	3.69
Black or African American.....	4,355	22.1	21.9	22.7	0.52	0.53	0.52	2.37	2.41	2.29
Hispanic or Latino ethnicity.....	3,730	23.4	21.5	27.5	0.88	0.76	1.15	3.76	3.51	4.19
Employment status										
Employed.....	24,693	18.6	17.0	22.3	0.47	0.35	0.74	2.53	2.07	3.33
Full-time workers.....	19,012	17.3	15.6	21.3	0.47	0.34	0.77	2.73	2.19	3.64
Part-time workers.....	5,681	22.9	21.7	25.5	0.47	0.38	0.65	2.03	1.75	2.53
Not employed.....	15,726	33.4	34.2	31.8	1.26	1.28	1.22	3.77	3.74	3.85
Educational attainment, 25 years and over										
Less than a high school diploma.....	2,022	37.0	- ¹	- ¹	1.47	1.41	1.63	3.96	4.04	3.78
High school graduates, no college.....	10,424	29.8	30.2	29.0	0.98	0.90	1.18	3.27	2.97	4.06
Some college or associate degree.....	9,674	21.9	20.1	25.5	0.86	0.78	1.02	3.94	3.90	3.99
Bachelor's degree and higher.....	13,390	23.5	22.5	25.5	0.68	0.60	0.87	2.90	2.65	3.39
Parent of household children under 18 years										
Parent of one or more household children.....	8,721	16.8	16.1	18.6	0.39	0.31	0.56	2.31	1.96	3.02
Parent of a household child age 6 to 17, none younger.....	5,977	18.0	17.2	19.8	0.44	0.35	0.66	2.46	2.03	3.32
Parent of a household child under age 6.....	2,744	14.3	13.7	15.8	0.27	0.24	- ¹	1.90	1.75	2.19
Not a parent of a household child.....	31,697	26.4	25.7	28.1	0.88	0.82	1.03	3.35	3.18	3.68

See footnotes at end of table.

Table 4. Percent of eldercare providers who provided care on an average day and time spent providing this care by day of week and selected characteristics, averages for the combined years 2013-14
— Continued

Characteristic	Number of eldercare providers (in thousands)	Percent of eldercare providers who provided care on an average day			Average hours per day eldercare providers spent providing care			Average hours per day eldercare providers spent providing care on days they engaged in eldercare		
		Total, all days	Weekdays	Weekends and holidays	Total, all days	Weekdays	Weekends and holidays	Total, all days	Weekdays	Weekends and holidays
Marital status										
No spouse or unmarried partner present in household.....	15,788	25.6	25.6	25.5	0.73	0.70	0.81	2.86	2.71	3.18
Spouse or unmarried partner present in household.....	24,630	23.6	22.3	26.5	0.81	0.71	1.01	3.43	3.21	3.83
Number of care recipients										
Caring for one person.....	28,427	26.6	25.5	29.1	0.90	0.82	1.09	3.40	3.23	3.73
Caring for two persons.....	8,996	18.1	17.9	18.6	0.47	0.44	0.53	2.58	2.47	2.84
Caring for three or more persons.....	2,996	21.9	23.0	19.6	0.51	0.42	0.69	2.31	1.83	3.53
Relationship to care recipient³										
Eldercare providers caring for one person only.....	28,427	26.6	25.5	29.1	0.90	0.82	1.09	3.40	3.23	3.73
Caring for a spouse or unmarried partner ⁴	2,426	74.4	76.0	71.9	4.03	4.22	3.73	5.42	5.56	5.20
Caring for a parent.....	11,943	29.0	28.1	31.4	0.88	0.77	1.15	3.03	2.74	3.66
Caring for a grandparent ⁵	4,274	12.7	10.9	16.6	0.19	0.08	- ¹	1.50	- ¹	2.58
Caring for another related person ⁶	5,126	19.9	17.2	25.1	0.58	0.54	0.66	2.92	3.13	2.64
Caring for a friend or neighbor.....	3,783	14.4	16.3	10.0	0.23	0.27	0.15	1.61	1.64	1.52
Age of care recipient										
Eldercare providers caring for one person only.....	28,427	26.6	25.5	29.1	0.90	0.82	1.09	3.40	3.23	3.73
Caring for someone age 65 to 69.....	3,033	25.0	22.6	29.4	0.58	0.40	0.91	2.32	1.77	3.09
Caring for someone age 70 to 74.....	4,143	25.2	24.9	25.7	0.88	0.78	1.08	3.51	3.15	4.18
Caring for someone age 75 to 79.....	5,061	30.1	26.6	37.1	1.00	0.80	1.39	3.31	3.00	3.74
Caring for someone age 80 to 84.....	6,217	27.2	27.0	27.7	1.05	1.09	0.97	3.87	4.03	3.50
Caring for someone age 85 or older.....	9,973	25.5	25.0	26.8	0.87	0.80	1.05	3.42	3.21	3.91
Care of household or nonhousehold members³										
Provided eldercare to household member(s) only...	6,309	63.4	62.5	65.1	2.75	2.64	2.96	4.34	4.23	4.54
Provided eldercare to nonhousehold member(s) only.....	33,457	16.5	15.8	18.2	0.40	0.34	0.53	2.41	2.16	2.90
Frequency of care⁷										
Provided care daily.....	8,315	63.7	62.5	65.9	2.62	2.46	2.92	4.11	3.94	4.43
Provided care several times a week.....	9,730	24.9	25.1	24.4	0.53	0.55	0.47	2.13	2.21	1.92
Provided care once a week.....	7,242	14.6	15.5	12.3	0.27	0.26	0.27	1.81	1.69	2.22
Provided care several times a month.....	8,181	8.1	7.0	10.5	0.20	0.13	0.36	2.46	1.80	3.46
Provided care once a month.....	4,746	5.5	4.3	8.2	0.15	0.06	- ¹	2.79	1.50	4.21

See footnotes at end of table.

Table 4. Percent of eldercare providers who provided care on an average day and time spent providing this care by day of week and selected characteristics, averages for the combined years 2013-14
— Continued

Characteristic	Number of eldercare providers (in thousands)	Percent of eldercare providers who provided care on an average day			Average hours per day eldercare providers spent providing care			Average hours per day eldercare providers spent providing care on days they engaged in eldercare		
		Total, all days	Weekdays	Weekends and holidays	Total, all days	Weekdays	Weekends and holidays	Total, all days	Weekdays	Weekends and holidays
Duration of care⁸										
Provided care for less than 1 year.....	8,557	17.5	17.6	17.3	0.65	0.61	0.72	3.71	3.48	4.15
Provided care for 1 to 2 years.....	10,530	21.9	20.6	24.8	0.67	0.55	0.91	3.04	2.69	3.69
Provided care for 3 to 4 years.....	6,955	28.7	29.2	27.4	1.10	1.12	1.06	3.85	3.84	3.86
Provided care for 5 to 9 years.....	8,224	26.7	25.3	30.1	0.81	0.70	1.06	3.02	2.76	3.53
Provided care for 10 years or more.....	6,153	30.2	27.7	35.9	0.74	0.63	1.01	2.46	2.27	2.82

¹ Estimate is suppressed because it does not meet the American Time Use Survey publication standards.

² Not all race categories are shown. Persons of Hispanic or Latino ethnicity may be of any race.

³ Not all categories are shown.

⁴ Care for a spouse or unmarried partner may be underreported. See the Technical Note for more information.

⁵ Refers only to persons caring for a grandparent who did not live with them. Persons caring for a grandparent with whom they lived are included in the category "Caring for another related person."

⁶ The composition of this category changed starting in 2013. Estimates are not strictly comparable to those from previous years.

⁷ Survey participants were asked how often they provided care in the past 3 to 4 months; this information was used to categorize them by frequency of care. Corresponding time and percent estimates were measured using information about care provided on the diary day. Not all categories are shown.

⁸ For persons who provided eldercare to more than one person, the duration of care is calculated based on the person for whom they had cared the longest.

NOTE: Eldercare providers are those who, in the previous 3 to 4 months, cared for someone with a condition related to aging. Estimates were calculated for persons who cared for at least one person age 65 or older. Unless otherwise specified, data refer to persons 15 years and over.

Table 5. Time spent providing eldercare and percent of eldercare providers engaging in caregiving, by sex and caregiving activity, averages for the combined years 2013-14

Caregiving activity	Eldercare providers								
	Percent distribution of time spent in selected eldercare activities			On days they provided care					
	Total	Men	Women	Percent who engaged in caregiving activity ¹			Average hours spent providing care		
				Total	Men	Women	Total	Men	Women
Total, activities reported as care done for those age 65 and over.....	100.0	100.0	100.0	— ¹	— ¹	— ¹	3.19	2.73	3.49
Eating and drinking.....	8.2	7.4	8.6	25.0	22.5	26.7	0.26	0.20	0.30
Household activities.....	21.0	16.9	23.2	38.7	35.1	41.1	0.67	0.46	0.81
Housework.....	6.3	2.4	8.3	12.1	5.8	16.2	0.20	0.06	0.29
Food preparation and cleanup.....	10.3	8.1	11.3	28.3	22.8	31.9	0.33	0.22	0.40
Lawn and garden care.....	1.8	3.3	1.0	2.6	3.4	2.1	0.06	— ²	0.03
Household management.....	1.4	0.8	1.8	6.0	5.2	6.6	0.05	0.02	0.06
Purchasing goods and services.....	4.4	4.0	4.6	16.2	17.8	15.1	0.14	0.11	0.16
Caring for and helping household members.....	9.1	6.6	10.4	20.6	15.1	24.2	0.29	0.18	0.36
Caring for household adults.....	8.4	5.6	9.8	18.3	12.6	22.1	0.27	0.15	0.34
Physical care for household adults.....	5.6	4.6	6.2	11.9	7.0	15.2	0.18	0.12	0.22
Providing medical care to household adults.....	1.1	0.7	1.3	7.0	5.2	8.2	0.03	0.02	0.05
Helping household adults.....	0.5	1.0	0.2	2.4	2.7	2.2	0.02	— ²	0.01
Caring for and helping nonhousehold members.....	10.7	13.7	9.1	24.6	22.1	26.2	0.34	0.37	0.32
Caring for nonhousehold adults.....	4.1	3.1	4.6	8.2	3.7	11.1	0.13	0.08	0.16
Physical care for nonhousehold adults.....	1.7	1.1	2.0	4.0	1.8	5.5	0.05	0.03	0.07
Providing medical care to nonhousehold adults.....	0.4	0.2	0.5	2.6	0.4	4.0	0.01	— ²	0.02
Helping nonhousehold adults.....	6.2	10.5	4.0	19.5	19.8	19.3	0.20	0.29	0.14
Housework, cooking, and shopping assistance for nonhousehold adults.....	1.7	1.4	1.8	6.9	6.9	6.8	0.05	0.04	0.06
House and lawn maintenance and repair assistance for nonhousehold adults.....	0.9	2.4	0.1	2.1	4.6	0.4	0.03	0.07	— ²
Picking up and dropping off nonhousehold adults.....	0.4	0.2	0.4	6.1	4.0	7.5	0.01	0.01	0.01
Working and work-related activities.....	3.8	3.8	3.9	2.7	1.6	3.4	0.12	— ²	0.14
Organizational, civic, and religious activities.....	2.2	1.5	2.6	4.2	2.0	5.6	0.07	— ²	0.09
Leisure and sports.....	32.9	40.8	28.8	31.5	29.8	32.6	1.05	1.12	1.01
Socializing and communicating.....	13.3	15.1	12.4	19.9	18.6	20.8	0.42	0.41	0.43
Watching TV.....	13.5	19.4	10.4	12.8	13.1	12.6	0.43	0.53	0.36
Participating in sports, exercise, and recreation.....	0.9	1.4	0.7	1.9	1.8	1.9	0.03	— ²	0.03
Telephone calls, mail, and e-mail.....	1.1	0.4	1.5	5.5	1.3	8.2	0.03	— ²	0.05
Traveling.....	4.8	3.6	5.4	24.3	20.7	26.8	0.15	0.10	0.19
Other activities, not elsewhere classified.....	1.7	1.5	1.9	4.7	3.9	5.2	0.06	0.04	0.07

¹ Percents sum to more than 100 percent because some eldercare providers did more than one care activity on days they provided care.

² Estimate is suppressed because it does not meet the American Time Use Survey publication standards.

NOTE: Eldercare providers are those who, in the previous 3 to 4 months, cared for someone with a condition related to aging. Estimates were calculated for persons who cared for at least one person age 65 or older. Data refer to persons 15 years and over.

Table 6. Time spent providing eldercare and percent of eldercare providers engaging in caregiving by day of week and caregiving activity, averages for the combined years 2013-14

Caregiving activity	Eldercare providers								
	Percent distribution of time spent in selected eldercare activities			On days they provided care					
	Total	Weekdays	Weekends and holidays	Percent who engaged in caregiving activity ¹			Average hours spent providing care		
				Total	Weekdays	Weekends and holidays	Total	Weekdays	Weekends and holidays
Total, activities reported as care done for those age 65 and over.....	100.0	100.0	100.0	— ¹	— ¹	— ¹	3.19	3.00	3.58
Eating and drinking.....	8.2	6.9	10.3	25.0	22.1	30.8	0.26	0.21	0.37
Household activities.....	21.0	21.0	21.2	38.7	38.3	39.5	0.67	0.63	0.76
Housework.....	6.3	6.4	6.1	12.1	12.2	11.9	0.20	0.19	0.22
Food preparation and cleanup.....	10.3	10.0	10.7	28.3	27.8	29.3	0.33	0.30	0.38
Lawn and garden care.....	1.8	1.5	2.2	2.6	2.4	3.1	0.06	— ²	0.08
Household management.....	1.4	1.7	1.0	6.0	6.4	5.4	0.05	0.05	0.04
Purchasing goods and services.....	4.4	4.3	4.6	16.2	17.4	13.6	0.14	0.13	0.16
Caring for and helping household members.....	9.1	9.7	8.1	20.6	23.0	15.9	0.29	0.29	0.29
Caring for household adults.....	8.4	9.2	7.1	18.3	20.5	14.0	0.27	0.28	0.25
Physical care for household adults.....	5.6	6.0	5.0	11.9	13.5	8.7	0.18	0.18	0.18
Providing medical care to household adults.....	1.1	0.8	1.5	7.0	6.6	7.8	0.03	0.03	0.05
Helping household adults.....	0.5	0.4	0.6	2.4	2.4	2.3	0.02	0.01	0.02
Caring for and helping nonhousehold members.....	10.7	12.9	7.0	24.6	25.5	22.8	0.34	0.39	0.25
Caring for nonhousehold adults.....	4.1	5.6	1.5	8.2	9.1	6.3	0.13	0.17	0.05
Physical care for nonhousehold adults.....	1.7	2.1	1.1	4.0	3.9	4.3	0.05	0.06	0.04
Providing medical care to nonhousehold adults.....	0.4	0.5	0.2	2.6	3.0	1.8	0.01	0.02	0.01
Helping nonhousehold adults.....	6.2	7.0	5.0	19.5	20.2	18.2	0.20	0.21	0.18
Housework, cooking, and shopping assistance for nonhousehold adults.....	1.7	1.6	1.8	6.9	7.2	6.1	0.05	0.05	0.06
House and lawn maintenance and repair assistance for nonhousehold adults.....	0.9	0.9	0.9	2.1	2.0	2.2	0.03	— ²	0.03
Picking up and dropping off nonhousehold adults.....	0.4	0.3	0.4	6.1	5.6	7.0	0.01	0.01	0.01
Working and work-related activities.....	3.8	5.7	0.7	2.7	3.4	1.4	0.12	0.17	— ²
Organizational, civic, and religious activities.....	2.2	1.7	3.1	4.2	3.5	5.5	0.07	0.05	0.11
Leisure and sports.....	32.9	30.2	37.3	31.5	28.7	37.0	1.05	0.91	1.34
Socializing and communicating.....	13.3	11.5	16.4	19.9	18.4	22.9	0.42	0.34	0.59
Watching TV.....	13.5	12.2	15.6	12.8	11.8	14.7	0.43	0.37	0.56
Participating in sports, exercise, and recreation.....	0.9	1.2	0.5	1.9	2.0	1.7	0.03	— ²	— ²
Telephone calls, mail, and e-mail.....	1.1	1.4	0.6	5.5	6.5	3.5	0.03	0.04	0.02
Traveling.....	4.8	4.9	4.6	24.3	24.5	24.0	0.15	0.15	0.16
Other activities, not elsewhere classified.....	1.7	1.3	2.6	4.7	4.7	4.6	0.06	0.04	0.09

¹ Percents sum to more than 100 percent because some eldercare providers did more than one care activity on days they provided care.

² Estimate is suppressed because it does not meet the American Time Use Survey publication standards.

NOTE: Eldercare providers are those who, in the previous 3 to 4 months, cared for someone with a condition related to aging. Estimates were calculated for persons who cared for at least one person age 65 or older. Data refer to persons 15 years and over.

Table 7. Percent of eldercare providers and time spent in caregiving on days they provided care by frequency of care and caregiving activity, averages for the combined years 2013-14

Caregiving activity	Percent of eldercare providers who engaged in caregiving activities, on days they provided care ¹				Average hours per day eldercare providers spent providing care on days they engaged in eldercare			
	Total	Frequency of care ²			Total	Frequency of care ²		
		Daily	Several times per week	Once a week or less		Daily	Several times per week	Once a week or less
Total, activities reported as care done for those age 65 and over.....	— ¹	— ¹	— ¹	— ¹	3.19	4.11	2.13	2.16
Eating and drinking.....	25.0	32.9	17.9	14.6	0.26	0.38	0.12	0.15
Household activities.....	38.7	52.6	23.2	20.7	0.67	1.01	0.25	— ³
Housework.....	12.1	18.2	6.9	3.0	0.20	0.32	0.09	— ³
Food preparation and cleanup.....	28.3	43.4	9.7	11.3	0.33	0.51	0.07	— ³
Lawn and garden care.....	2.6	4.0	0.9	0.7	0.06	0.08	— ³	— ³
Household management.....	6.0	6.2	6.2	6.0	0.05	0.05	0.03	0.06
Purchasing goods and services.....	16.2	16.0	14.1	19.7	0.14	0.14	0.13	0.17
Caring for and helping household members.....	20.6	35.9	1.9	3.1	0.29	0.52	— ³	— ³
Caring for household adults.....	18.3	32.3	0.9	2.7	0.27	0.48	— ³	— ³
Physical care for household adults.....	11.9	21.0	0.3	2.7	0.18	0.32	— ³	— ³
Providing medical care to household adults.....	7.0	12.3	0.5	1.5	0.03	0.06	— ³	— ³
Helping household adults.....	2.4	3.9	1.0	0.4	0.02	0.03	— ³	— ³
Caring for and helping nonhousehold members.....	24.6	13.3	38.9	37.7	0.34	0.19	0.63	0.40
Caring for nonhousehold adults.....	8.2	6.4	11.6	9.0	0.13	0.08	— ³	0.14
Physical care for nonhousehold adults.....	4.0	3.4	6.7	2.7	0.05	0.05	0.09	— ³
Providing medical care to nonhousehold adults.....	2.6	2.8	3.3	0.8	0.01	0.01	— ³	— ³
Helping nonhousehold adults.....	19.5	9.4	31.4	32.7	0.20	0.10	— ³	0.26
Housework, cooking, and shopping assistance for nonhousehold adults.....	6.9	4.1	10.1	9.8	0.05	0.03	0.08	0.10
House and lawn maintenance and repair assistance for nonhousehold adults.....	2.1	1.1	5.2	1.0	0.03	— ³	0.04	— ³
Picking up and dropping off nonhousehold adults.....	6.1	2.0	10.4	12.1	0.01	— ⁴	0.01	0.03
Working and work-related activities.....	2.7	2.8	2.7	2.5	0.12	0.17	— ³	— ³
Organizational, civic, and religious activities.....	4.2	4.5	2.7	5.2	0.07	0.07	0.03	0.14
Leisure and sports.....	31.5	32.3	30.9	30.8	1.05	1.37	0.68	0.71
Socializing and communicating.....	19.9	17.5	25.5	20.5	0.42	0.38	0.51	0.45
Watching TV.....	12.8	18.7	4.4	7.3	0.43	0.66	0.11	0.21
Participating in sports, exercise, and recreation.....	1.9	3.2	0.5	0.1	0.03	0.05	— ³	— ³
Telephone calls, mail, and e-mail.....	5.5	7.3	3.2	3.2	0.03	0.05	— ³	— ³
Traveling.....	24.3	22.8	24.7	27.3	0.15	0.15	0.16	0.14
Other activities, not elsewhere classified.....	4.7	5.5	3.2	4.4	0.06	0.07	— ³	— ³

¹ Percents sum to more than 100 percent because some eldercare providers did more than one care activity on days they provided care.

² Survey participants were asked how often they provided care in the past 3 to 4 months; this information was used to categorize them by frequency of care.

³ Estimate is suppressed because it does not meet the American Time Use Survey publication standards.

⁴ Estimate is approximately zero.

NOTE: Eldercare providers are those who, in the previous 3 to 4 months, cared for someone with a condition related to aging. Estimates were calculated for persons who cared for at least one person age 65 or older. Data refer to persons 15 years and over.

Table 8. Percent of eldercare providers who cared for one person only by age of eldercare recipient and caregiving activity, averages for the combined years 2013-14

Caregiving activity	Percent of eldercare providers who cared for one person only, on days they provided care ¹			
	Total	Age of care recipient		
		65 to 74	75 to 84	85 or older
Total, activities reported as care done for those age 65 and over.....	— ¹	— ¹	— ¹	— ¹
Eating and drinking.....	27.1	— ²	27.2	26.4
Household activities.....	42.6	38.5	42.7	45.3
Housework.....	13.8	12.4	15.3	12.8
Food preparation and cleanup.....	31.9	27.3	34.1	32.5
Lawn and garden care.....	3.1	3.0	3.3	2.9
Household management.....	6.0	5.4	4.6	8.2
Purchasing goods and services.....	15.9	9.4	17.9	17.9
Caring for and helping household members.....	23.2	19.0	24.7	24.3
Caring for household adults.....	21.0	15.0	22.8	23.1
Physical care for household adults.....	14.1	5.6	14.7	19.5
Providing medical care to household adults.....	8.0	8.2	8.7	7.0
Helping household adults.....	2.4	3.2	2.7	1.4
Caring for and helping nonhousehold members.....	21.5	14.1	22.3	25.6
Caring for nonhousehold adults.....	8.0	2.0	9.6	10.2
Physical care for nonhousehold adults.....	4.1	0.3	6.4	3.9
Providing medical care to nonhousehold adults.....	2.2	1.0	2.7	2.4
Helping nonhousehold adults.....	17.5	12.6	17.2	21.2
Housework, cooking, and shopping assistance for nonhousehold adults.....	6.8	2.2	8.0	8.5
House and lawn maintenance and repair assistance for nonhousehold adults.....	1.6	2.9	1.1	1.2
Picking up and dropping off nonhousehold adults.....	6.0	1.0	6.3	9.0
Working and work-related activities.....	3.1	3.6	3.6	2.1
Organizational, civic, and religious activities.....	3.2	4.2	2.4	3.5
Leisure and sports.....	32.4	31.8	30.6	35.0
Socializing and communicating.....	19.3	17.6	16.9	23.7
Watching TV.....	15.0	17.8	16.0	11.9
Participating in sports, exercise, and recreation.....	2.4	1.1	1.5	4.4
Telephone calls, mail, and e-mail.....	5.1	3.9	5.3	5.6
Traveling.....	22.6	18.6	23.2	24.6
Other activities, not elsewhere classified.....	4.8	4.5	7.1	2.2

¹ Percents sum to more than 100 percent because some eldercare providers did more than one care activity on days they provided care.

² Estimate is suppressed because it does not meet the American Time Use Survey publication standards.

NOTE: Eldercare providers are those who, in the previous 3 to 4 months, cared for someone with a condition related to aging. Estimates were calculated for persons who cared for at least one person age 65 or older. Data refer to persons 15 years and over.

Table 9. Number and percent of eldercare providers who were parents of household children under age 18 by sex and selected characteristics, averages for the combined years 2013-14

[Numbers in thousands]

Characteristic	Eldercare providers with children under age 18 living at home					
	Total		Men		Women	
	Number	Percent	Number	Percent	Number	Percent
Parent of household children under 18 years						
Total, parent of one or more household children.....	8,721	100.0	3,869	100.0	4,853	100.0
Parent of a household child age 6 to 17, none younger.....	5,977	68.5	2,520	65.1	3,458	71.3
Parent of a household child under age 6.....	2,744	31.5	1,349	34.9	1,395	28.7
Employment status						
Employed.....	6,800	78.0	3,465	89.6	3,335	68.7
Full-time workers.....	5,479	62.8	3,277	84.7	2,202	45.4
Part-time workers.....	1,321	15.1	187	4.8	1,133	23.4
Not employed.....	1,921	22.0	404	10.4	1,517	31.3
Marital status						
No spouse or unmarried partner present in household.....	1,384	15.9	177	4.6	1,207	24.9
Spouse or unmarried partner present in household.....	7,338	84.1	3,692	95.4	3,646	75.1
Number of care recipients						
Caring for one person.....	5,743	65.8	2,454	63.4	3,288	67.8
Caring for two persons.....	2,223	25.5	1,006	26.0	1,216	25.1
Caring for three or more persons.....	756	8.7	408	10.5	348	7.2
Relationship to care recipient						
Total, all eldercare providers.....	8,721	- ¹	3,869	- ¹	4,853	- ¹
Caring for a spouse or unmarried partner ²	49	0.6	- ³	- ⁴	49	1.0
Caring for a parent.....	4,396	50.4	2,031	52.5	2,365	48.7
Caring for a grandparent ⁵	1,759	20.2	569	14.7	1,190	24.5
Caring for another related person ⁶	2,019	23.2	1,048	27.1	971	20.0
Caring for a friend or neighbor.....	1,207	13.8	587	15.2	620	12.8
Caring for someone else ⁶	508	5.8	222	5.7	286	5.9
Age of care recipient						
Total, all eldercare providers.....	8,721	- ¹	3,869	- ¹	4,853	- ¹
Caring for someone age 65 to 69.....	1,862	21.3	860	22.2	1,002	20.6
Caring for someone age 70 to 74.....	2,146	24.6	999	25.8	1,147	23.6
Caring for someone age 75 to 79.....	2,140	24.5	949	24.5	1,191	24.5
Caring for someone age 80 to 84.....	2,109	24.2	938	24.2	1,171	24.1
Caring for someone age 85 or older.....	2,254	25.8	955	24.7	1,299	26.8
Care of household or nonhousehold members⁷						
Provided eldercare to household member(s) only.....	587	6.7	217	5.6	369	7.6

See footnotes at end of table.

Table 9. Number and percent of eldercare providers who were parents of household children under age 18 by sex and selected characteristics, averages for the combined years 2013-14 — Continued

[Numbers in thousands]

Characteristic	Eldercare providers with children under age 18 living at home					
	Total		Men		Women	
	Number	Percent	Number	Percent	Number	Percent
Provided eldercare to nonhousehold member(s) only.....	8,061	92.4	3,618	93.5	4,444	91.6
Frequency of care⁸						
Provided care daily.....	1,010	11.6	333	8.6	677	14.0
Provided care several times a week.....	2,207	25.3	815	21.1	1,392	28.7
Provided care once a week.....	1,670	19.2	775	20.0	895	18.4
Provided care several times a month.....	1,956	22.4	973	25.1	983	20.3
Provided care once a month.....	1,320	15.1	659	17.0	661	13.6
Other.....	558	6.4	313	8.1	245	5.0
Duration of care⁹						
Provided care for less than 1 year.....	1,973	22.6	888	23.0	1,084	22.3
Provided care for 1 to 2 years.....	2,046	23.5	678	17.5	1,367	28.2
Provided care for 3 to 4 years.....	1,502	17.2	692	17.9	810	16.7
Provided care for 5 to 9 years.....	1,796	20.6	830	21.4	966	19.9
Provided care for 10 years or more.....	1,406	16.1	781	20.2	625	12.9

¹ Categories sum to more than 100 percent because some eldercare providers cared for more than one person.

² Care for a spouse or unmarried partner may be underreported. See the Technical Note for more information.

³ Estimate is less than 0.05 percent of the population.

⁴ Estimate is approximately zero.

⁵ Refers only to persons caring for a grandparent who did not live with them. Persons caring for a grandparent with whom they lived are included in the category "Caring for another related person."

⁶ The composition of this category changed starting in 2013. Estimates are not strictly comparable to those from previous years.

⁷ Not all categories are shown.

⁸ Survey participants were asked how often they provided care in the past 3 to 4 months; this information was used to categorize them by frequency of care.

⁹ For persons who provided eldercare to more than 1 person, the duration of care is calculated based on the person for whom they had cared the longest.

NOTE: Eldercare providers are those who, in the previous 3 to 4 months, cared for someone with a condition related to aging. Estimates were calculated for persons who cared for at least one person age 65 or older. Data refer to persons 15 years and over.