

TABLE 1. Number, incidence rate¹, and median days² away from work for nonfatal occupational injuries and illnesses involving days away from work³ for musculoskeletal disorders⁴ by nature of injury or illness and ownership, California, 2013

Nature	Musculoskeletal disorders (MSDs)		
	Number	Incidence rate	Median days away from work
Total private industry ^{5,6,7}	42,840	41.5	19
Traumatic injuries and disorders	39,550	38.3	17
Traumatic injuries to bones, nerves, spinal cord	50	(⁸)	4
Traumatic injuries to nerves, except the spinal cord	50	(⁸)	4
Pinched nerve	50	(⁸)	4
Traumatic injuries to muscles, tendons, ligaments, joints, etc.	29,050	28.2	17
Dislocations	80	.1	63
Herniated discs	80	.1	63
Cartilage fractures and tears	180	.2	59
Meniscus tears	180	.2	59
Sprains, strains, tears	27,460	26.6	16
Sprains, strains, tears, unspecified	1,690	1.6	34
Major tears to muscles, tendons, ligaments	250	.2	58
Sprains	5,000	4.8	19
Strains	19,820	19.2	14
Multiple sprains, strains, tears	710	.7	20
Hernias due to traumatic incidents	1,330	1.3	40
Other traumatic injuries and disorders	10,450	10.1	16
Unspecified injuries and disorders	10,450	10.1	16
Soreness, pain, hurt—nonspecified injury	9,910	9.6	16
Swelling, inflammation, irritation—nonspecified injury	350	.3	13
Numbness—nonspecified injury	180	.2	10
Diseases and disorders of body systems	3,300	3.2	43
Nervous system and sense organs diseases	1,230	1.2	74
Disorders of the peripheral nervous system	1,230	1.2	74
Carpal tunnel syndrome	1,230	1.2	74
Digestive system diseases and disorders	70	.1	180
Hernia—nontraumatic	70	.1	180
Musculoskeletal system and connective tissue diseases and disorders	1,990	1.9	27
Musculoskeletal system and connective tissue diseases and disorders, unspecified	50	(⁸)	63
Arthropathies and related disorders (arthritis)	310	.3	27
Dorsopathies	50	(⁸)	19
Sciatica	50	(⁸)	19
Soft tissue disorders, except the back	1,590	1.5	35
Soft tissue disorder, except the back, unspecified	250	.2	68
Bursitis	100	.1	35
Stenosing tenosynovitis	260	.3	14
Other tenosynovitis, synovitis	150	.1	3
Epicondylitis	190	.2	23
Other or unspecified tendonitis (tendinitis)	440	.4	24
Ganglion or cystic tumor	100	.1	98
Multiple soft tissue disorders	40	(⁸)	45
Soft tissue disorder, except the back, n.e.c.	60	.1	25
Total state government ^{5,6,7}	2,760	76.5	23
Traumatic injuries and disorders	2,570	71.4	23
Traumatic injuries to muscles, tendons, ligaments, joints, etc.	1,670	46.3	21
Sprains, strains, tears	1,620	44.9	21
Sprains, strains, tears, unspecified	90	2.5	118
Major tears to muscles, tendons, ligaments	20	.5	6
Sprains	320	8.9	13
Strains	1,090	30.2	19
Multiple sprains, strains, tears	100	2.8	41
Hernias due to traumatic incidents	50	1.4	40
Other traumatic injuries and disorders	880	24.5	34
Unspecified injuries and disorders	880	24.5	34
Soreness, pain, hurt—nonspecified injury	880	24.4	34
Diseases and disorders of body systems	190	5.1	29
Nervous system and sense organs diseases	40	1.0	52
Disorders of the peripheral nervous system	40	1.0	52
Carpal tunnel syndrome	40	1.0	52
Musculoskeletal system and connective tissue diseases and disorders	150	4.1	29

See footnotes at end of table.

TABLE 1. Number, incidence rate¹, and median days² away from work for nonfatal occupational injuries and illnesses involving days away from work³ for musculoskeletal disorders⁴ by nature of injury or illness and ownership, California, 2013 — Continued

Nature	Musculoskeletal disorders (MSDs)		
	Number	Incidence rate	Median days away from work
Dorsopathies	40	1.0	29
Sciatica	40	1.0	29
Soft tissue disorders, except the back	110	3.0	26
Soft tissue disorder, except the back, unspecified	20	.6	44
Other or unspecified tendonitis (tendinitis)	60	1.6	8
Total local government^{5,6,7}	8,860	76.1	18

See footnotes at end of table.

TABLE 1. Number, incidence rate¹, and median days² away from work for nonfatal occupational injuries and illnesses involving days away from work³ for musculoskeletal disorders⁴ by nature of injury or illness and ownership, California, 2013 — Continued

Nature	Musculoskeletal disorders (MSDs)		
	Number	Incidence rate	Median days away from work
Traumatic injuries and disorders	8,370	71.8	16
Traumatic injuries to muscles, tendons, ligaments, joints, etc.	6,130	52.6	16
Dislocations	30	.3	5
Herniated discs	30	.3	5
Sprains, strains, tears	5,900	50.6	15
Sprains, strains, tears, unspecified	290	2.5	16
Major tears to muscles, tendons, ligaments	230	2.0	122
Sprains	910	7.9	7
Strains	4,420	38.0	16
Multiple sprains, strains, tears	30	.3	7
Hernias due to traumatic incidents	190	1.6	36
Other traumatic injuries and disorders	2,240	19.2	21
Nonspecified injuries and disorders	2,240	19.2	21
Soreness, pain, hurt—nonspecified injury	2,100	18.0	14
Swelling, inflammation, irritation—nonspecified injury	80	.7	44
Numbness—nonspecified injury	50	.5	120
Diseases and disorders of body systems	490	4.2	34
Nervous system and sense organs diseases	160	1.4	30
Disorders of the peripheral nervous system	160	1.4	30
Carpal tunnel syndrome	160	1.4	30
Digestive system diseases and disorders	40	.4	34
Hernia—nontraumatic	40	.4	34
Musculoskeletal system and connective tissue diseases and disorders	290	2.5	34
Soft tissue disorders, except the back	290	2.5	34
Soft tissue disorder, except the back, unspecified	130	1.1	120
Epicondylitis	60	.5	23
Other or unspecified tendonitis (tendinitis)	30	.3	22
Soft tissue disorder, except the back, n.e.c.	50	.4	20

¹ Incidence rates represent the number of injuries and illnesses per 10,000 full-time workers and were calculated as: (N/EH) x 20,000,000 where

N = number of injuries and illnesses
 EH = total hours worked by all employees during the calendar year

20,000,000 = base for 10,000 equivalent full-time workers (working 40 hours per week, 50 weeks per year).

² Median days away from work is the measure used to summarize the varying lengths of absences from work among the cases with days away from work. Half the cases involved more days and half involved less days than a specified median. Median days away from work are represented in actual values.

³ Days-away-from-work cases include those that resulted in days away from work, some of which also included job transfer or restriction.

⁴ Musculoskeletal disorders (MSDs) include cases where the nature of the injury or illness is pinched nerve; herniated disc; meniscus tear; sprains, strains, tears; hernia (traumatic and nontraumatic); pain, swelling, and numbness; carpal or tarsal tunnel syndrome; Raynaud's syndrome or phenomenon; musculoskeletal system and connective tissue diseases and disorders, and when the event or exposure leading to the injury or illness is overexertion and bodily reaction, unspecified; overexertion involving outside sources; repetitive motion involving microtasks; other and multiple exertions or bodily reactions; and rubbed, abraded, or jarred by vibration.

⁵ Excludes farms with fewer than 11 employees.

⁶ Data for Mining (Sector 21 in the *North American Industry Classification System-- United States, 2007*) include establishments not governed by the Mine Safety and Health Administration rules and reporting, such as those in Oil and Gas Extraction and related support activities. Data for mining operators in coal, metal, and nonmetal mining are provided to BLS by the Mine Safety and Health Administration, U.S. Department of Labor. Independent mining contractors are excluded from the coal, metal, and nonmetal mining industries. These data do not reflect the changes the Occupational Safety and Health Administration made to its recordkeeping requirements effective January 1, 2002; therefore, estimates for these industries are not comparable to estimates in other industries.

⁷ Data for employers in rail transportation are provided to BLS by the Federal Railroad Administration, U.S. Department of Transportation.

⁸ Data too small to be displayed.

Note: Dash indicates data do not meet publication guidelines. Because of rounding and data exclusion of nonclassifiable responses, data may not sum to the totals.

Source: Bureau of Labor Statistics, U.S. Department of Labor, Survey of Occupational Injuries and Illnesses in cooperation with participating State agencies.