

TABLE 1. Number, incidence rate<sup>1</sup>, and median days<sup>2</sup> away from work for nonfatal occupational injuries and illnesses involving days away from work<sup>3</sup> for musculoskeletal disorders<sup>4</sup> by nature of injury or illness and ownership, North Carolina, 2013

Nature	Musculoskeletal disorders (MSDs)		
	Number	Incidence rate	Median days away from work
<b>Total private industry</b> <sup>5,6,7</sup> .....	5,230	19.7	7
<b>Traumatic injuries and disorders</b> .....	5,050	19.0	6
Traumatic injuries to muscles, tendons, ligaments, joints, etc. ....	3,880	14.6	6
Dislocations .....	40	.2	44
Herniated discs .....	40	.2	44
Cartilage fractures and tears .....	40	.1	20
Meniscus tears .....	40	.1	20
Sprains, strains, tears .....	3,580	13.5	5
Sprains, strains, tears, unspecified .....	70	.3	4
Major tears to muscles, tendons, ligaments .....	180	.7	38
Sprains .....	610	2.3	6
Strains .....	2,680	10.1	5
Multiple sprains, strains, tears .....	40	.2	3
Hernias due to traumatic incidents .....	230	.9	28
Other traumatic injuries and disorders .....	1,160	4.4	10
Nonspecified injuries and disorders .....	1,160	4.4	10
Soreness, pain, hurt—nonspecified injury .....	1,130	4.2	10
Swelling, inflammation, irritation—nonspecified injury .....	20	.1	4
<b>Diseases and disorders of body systems</b> .....	180	.7	17
Nervous system and sense organs diseases .....	80	.3	17
Disorders of the peripheral nervous system .....	80	.3	17
Carpal tunnel syndrome .....	80	.3	17
Musculoskeletal system and connective tissue diseases and disorders .....	100	.4	18
Soft tissue disorders, except the back .....	100	.4	18
Stenosing tenosynovitis .....	20	.1	6
Epicondylitis .....	50	.2	22
Other or unspecified tendonitis (tendinitis) .....	20	.1	15
<b>Total state government</b> <sup>5,6,7</sup> .....	420	29.7	5
<b>Traumatic injuries and disorders</b> .....	370	26.3	7
Traumatic injuries to muscles, tendons, ligaments, joints, etc. ....	300	21.2	11
Sprains, strains, tears .....	300	20.9	11
Sprains .....	30	2.2	7
Strains .....	260	18.5	11
Other traumatic injuries and disorders .....	70	5.0	1
Nonspecified injuries and disorders .....	70	5.0	1
Soreness, pain, hurt—nonspecified injury .....	70	4.9	1
<b>Total local government</b> <sup>5,6,7</sup> .....	960	26.8	6

See footnotes at end of table.

**TABLE 1. Number, incidence rate<sup>1</sup>, and median days<sup>2</sup> away from work for nonfatal occupational injuries and illnesses involving days away from work<sup>3</sup> for musculoskeletal disorders<sup>4</sup> by nature of injury or illness and ownership, North Carolina, 2013 — Continued**

Nature	Musculoskeletal disorders (MSDs)		
	Number	Incidence rate	Median days away from work
<b>Traumatic injuries and disorders</b> .....	940	26.4	6
Traumatic injuries to muscles, tendons, ligaments, joints, etc. ....	760	21.2	6
Sprains, strains, tears .....	730	20.3	6
Major tears to muscles, tendons, ligaments .....	50	1.4	13
Sprains .....	150	4.1	11
Strains .....	530	14.8	4
Hernias due to traumatic incidents .....	20	.6	9
Other traumatic injuries and disorders .....	180	5.2	5
Nonspecified injuries and disorders .....	180	5.2	5
Soreness, pain, hurt—nonspecified injury .....	180	5.2	5
<b>Diseases and disorders of body systems</b> .....	20	.5	10

<sup>1</sup> Incidence rates represent the number of injuries and illnesses per 10,000 full-time workers and were calculated as:  $(N/EH) \times 20,000,000$  where

N = number of injuries and illnesses  
 EH = total hours worked by all employees during the calendar year

20,000,000 = base for 10,000 equivalent full-time workers (working 40 hours per week, 50 weeks per year).

<sup>2</sup> Median days away from work is the measure used to summarize the varying lengths of absences from work among the cases with days away from work. Half the cases involved more days and half involved less days than a specified median. Median days away from work are represented in actual values.

<sup>3</sup> Days-away-from-work cases include those that resulted in days away from work, some of which also included job transfer or restriction.

<sup>4</sup> Musculoskeletal disorders (MSDs) include cases where the nature of the injury or illness is pinched nerve; herniated disc; meniscus tear; sprains, strains, tears; hernia (traumatic and nontraumatic); pain, swelling, and numbness; carpal or tarsal tunnel syndrome; Raynaud's syndrome or phenomenon; musculoskeletal system and connective tissue diseases and disorders, and when the event or exposure leading to the injury or illness is overexertion and bodily reaction, unspecified; overexertion involving outside sources; repetitive motion involving microtasks; other and multiple exertions or bodily reactions; and rubbed, abraded, or jarred by vibration.

<sup>5</sup> Excludes farms with fewer than 11 employees.

<sup>6</sup> Data for Mining (Sector 21 in the *North American Industry Classification System*-- United States, 2007) include establishments not governed by the Mine Safety and Health Administration rules and reporting, such as those in Oil and Gas Extraction and related support activities. Data for mining operators in coal, metal, and nonmetal mining are provided to BLS by the Mine Safety and Health Administration, U.S. Department of Labor. Independent mining contractors are excluded from the coal, metal, and nonmetal mining industries. These data do not reflect the changes the Occupational Safety and Health Administration made to its recordkeeping requirements effective January 1, 2002; therefore, estimates for these industries are not comparable to estimates in other industries.

<sup>7</sup> Data for employers in rail transportation are provided to BLS by the Federal Railroad Administration, U.S. Department of Transportation.

Note: Dash indicates data do not meet publication guidelines. Because of rounding and data exclusion of nonclassifiable responses, data may not sum to the totals.

Source: Bureau of Labor Statistics, U.S. Department of Labor, Survey of Occupational Injuries and Illnesses in cooperation with participating State agencies.