In private industry, sprains, strains and tears caused 236,260 cases of musculoskeletal disorders (MSDs), accounting for nearly three-quarters of all MSD cases. Soreness, pain, and hurt (except in the back) were the next-largest proportion of MSDs, with 7.9 percent. Hernias of various types were 5.0 percent of MSDs, and carpal tunnel syndrome made up 3.2 percent.