

### Time Use Table

Activity	Hours and Minutes	Minutes	Decimal	Percent	Degrees
Sleeping					
Education (school, homework, studying)					
Working (doing chores, at a job)					
Traveling/ Transportation					
Eating and Drinking					
Socializing, Relaxing, Leisure					
Grooming (washing, dressing)					
Sports, Exercise, and Recreation					
Other					
<b>Total</b>					

