



Waiters and waitresses

Take orders and serve food and beverages to patrons at tables in dining establishment.

Cognitive and mental requirements

The qualifications that workers need to use judgment, make decisions, interact with others, and adapt to changes in jobs.

In 2022, work was reviewed by a supervisor more than once per day for 72.5 percent of waiters and waitresses, and once per day for 20.6 percent.

Table 1. Percentage of waiters and waitresses with cognitive and mental requirements, 2022

Requirement	Yes	No
Pace: Pause control	24.5	75.5
Interaction with general public	100.0	-
Working around crowds	19.7	80.3
Telework	-	100.0
Work review: Supervising others	-	99.8
Work review: Presence of supervisor	96.5	3.5

Source: U.S. Bureau of Labor Statistics, Occupational Requirements Survey

Education, training, and experience requirements

The minimum level of formal education required, credentials necessary, on-the-job training, and prior work experience necessary for average performance in jobs.

In 2022, credentials were required for 36.9 percent of waiters and waitresses. Prior work experience was required for 25.2 percent and on-the-job training was required for 97.5 percent.

No minimum education was required for 77.7 percent of waiters and waitresses.

Chart 1. Percentage of waiters and waitresses by specific preparation time (SVP) level, 2022

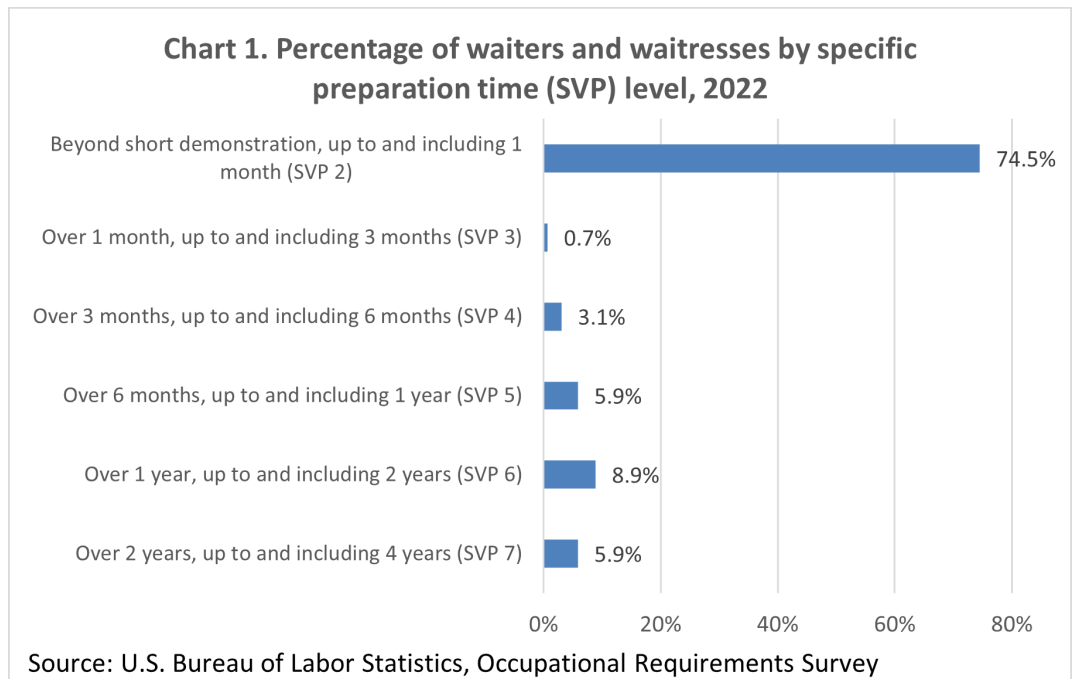
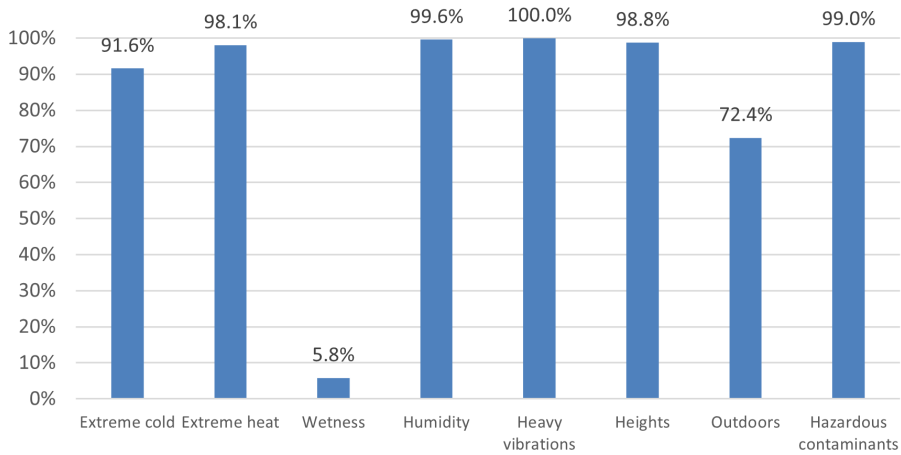


Chart 2. Percentage of waiters and waitresses without exposure to environmental conditions, 2022



Environmental conditions

The various tangible or concrete hazards or difficulties that are in the vicinity of where jobs' critical tasks are performed.

In 2022, 91.6 percent of waiters and waitresses were not exposed to extreme cold, and 98.1 percent were not exposed to extreme heat. Wetness was not present for 5.8 percent, 100.0 percent were not exposed to heavy vibrations, and 72.4 percent were not exposed to the outdoors.

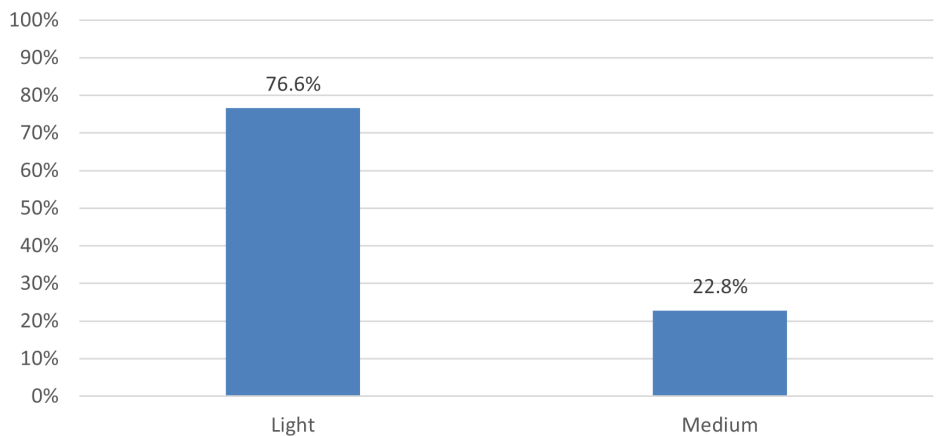
Source: U.S. Bureau of Labor Statistics, Occupational Requirements Survey

Physical demands

Refer to the physical activities required to perform tasks in jobs. The presence and, in some cases, duration of these activities are published.

In 2022, reaching at or below the shoulder was required for 96.5 percent of waiters and waitresses and was not required for 3.5 percent. For 7.4 percent of workers, reaching at or below the shoulder was seldom performed, for 53.0 percent reaching at or below the shoulder occurred occasionally, 32.5 percent frequently, and 3.6 percent reaching at or below the shoulder occurred constantly.

Chart 3. Percentage of waiters and waitresses by strength level requirements, 2022



Source: U.S. Bureau of Labor Statistics, Occupational Requirements Survey

Performing work in low postures was required for 64.4 percent of waiters and waitresses and was not required for 35.6 percent.

On average, waiters and waitresses spent 2.6 percent of the workday sitting and 97.4 percent of the workday standing.

Table 2. Percentage of waiters and waitresses with physical demands, 2022

Requirement	Yes	No
Driving	-	100.0
Climbing structure-related ramps or stairs	9.9	90.1

Source: U.S. Bureau of Labor Statistics, Occupational Requirements Survey