

## Approximate Scale – 8/40

Percent	Daily	Weekly
Up to 2%	Less than 10 minutes	Less than 45 minutes
2% up to 1/3	10 minutes up to 2 ½ hours	45 minutes up to 13 hours
1/3 up to 2/3	2 ½ hours up to 5 ½ hours	13 hours up to 3 ½ days
2/3 or more	5 ½ hours or more	3 ½ days or more

OMB #: 1220-0189

## Approximate Scale – 10/40

Percent	Daily	Weekly
Up to 2%	Less than 12 minutes	Less than 45 minutes
2% up to 1/3	12 minutes up to 3 ½ hours	45 minutes up to 13 hours
1/3 up to 2/3	3 ½ hours up to 6 ½ hours	13 hours up to 2 ½ days
2/3 or more	6 ½ hours or more	2 ½ days or more

OMB #: 1220-0189

## Approximate Scale – 4/20

Percent	Daily	Weekly
Up to 2%	Less than 5 minutes	Less than 25 minutes
2% up to 1/3	5 minutes up to 1 ½ hours	25 minutes up to 6 ½ hours
1/3 up to 2/3	1 ½ hours up to 2 ½ hours	6 ½ hours up to 13 ½ hours
2/3 or more	2 ½ hours or more	13 ½ hours or more

OMB #: 1220-0189

## Approximate Scale – 5/20

Percent	Daily	Weekly
Up to 2%	Less than 6 minutes	Less than 25 minutes
2% up to 1/3	6 minutes up to 1 ½ hours	25 minutes up to 6 ½ hours
1/3 up to 2/3	1 ½ hours up to 3 ½ hours	6 ½ hours up to 13 ½ hours
2/3 or more	3 ½ hours or more	13 ½ hours or more

OMB #: 1220-0189