

Southwest Consumer Price Index Indicators

CPI for All Urban Consumers (CPI-U): U.S. City Average, Dallas-Fort Worth-Arlington, and Houston-The Woodlands-Sugar Land, July 2026 (1982-84=100 unless otherwise noted) (PDF format: not updated until mid-morning on release day)

Item and group	U.S. City Average				Dallas-Fort Worth-Arlington				Houston-The Woodlands-Sugar Land			
	Index	Percent change			Index	Percent change			Index	Percent change		
	Jul. 2026	12-month	1-month	2-month	Jul. 2026	12-month	1-month	2-month	Jul. 2026	12-month	1-month	2-month
All items	333.918	3.4	0.0	-0.4	311.093	2.9	–	-0.1	–	–	–	–
Food and beverages	346.945	2.9	0.1	0.3	351.264	3.5	–	1.7	–	–	–	–
Food	350.164	3.0	0.1	0.3	348.195	3.6	–	1.8	–	–	–	–
Food at home	321.643	2.7	0.0	0.2	284.410	4.2	1.0	2.1	303.426	1.8	0.2	0.1
Cereals and bakery products	369.882	2.7	0.3	0.7	323.515	1.4	1.0	1.2	337.401	-0.1	1.0	1.9
Meats, poultry, fish, and eggs	350.612	1.9	-0.1	0.4	342.549	0.9	1.6	-1.0	338.923	-0.6	-0.1	-0.8
Dairy and related products	271.337	-0.5	-0.1	1.0	245.515	1.3	0.0	-0.3	242.277	0.8	-1.3	-0.5
Fruits and vegetables	369.550	5.1	-0.1	-0.8	237.375	9.5	6.3	8.0	409.504	9.2	0.5	-0.2
Nonalcoholic beverages and beverage materials ⁽¹⁾	237.393	4.1	0.7	-0.9	252.969	3.4	-1.6	3.4	360.638	-1.5	-0.9	0.9
Other food at home	283.803	2.5	-0.2	0.6	278.057	6.8	-1.0	2.0	252.452	2.0	1.1	0.1
Food away from home	396.859	3.4	0.3	0.5	447.407	2.8	–	1.2	–	–	–	–
Alcoholic beverages	301.367	2.1	0.2	0.2	377.510	1.9	–	-0.4	–	–	–	–
Housing	359.556	3.3	0.1	0.3	317.088	1.9	–	0.9	–	–	–	–
Shelter	429.491	3.2	0.1	0.2	353.160	1.5	0.1	0.7	331.247	-0.7	-0.5	-0.2
Rent of primary residence	447.963	2.9	0.2	0.4	372.135	1.2	0.1	0.4	327.470	-0.8	-0.1	-0.4
Owners' equivalent rent of residences ⁽²⁾	442.503	3.2	0.3	0.5	377.117	1.1	0.2	0.7	311.498	-0.6	-0.3	-0.1
Owners' equivalent rent of primary residence ⁽²⁾	442.442	3.2	0.3	0.5	377.117	1.1	0.2	0.7	311.498	-0.6	-0.3	-0.1
Fuels and utilities	353.712	4.9	0.2	1.1	–	–	–	–	–	–	–	–
Household energy	298.097	5.0	0.1	1.1	–	–	–	–	–	–	–	–
Energy Services	302.594	4.3	0.1	1.6	–	–	–	–	–	–	–	–
Electricity	311.672	4.2	0.0	1.4	–	–	–	–	–	–	–	–
Utility (piped) gas service	268.999	4.3	0.5	2.0	–	–	–	–	–	–	–	–
Household furnishings & operations	156.223	2.2	0.0	0.7	145.783	0.7	–	1.2	–	–	–	–
Apparel	134.182	3.9	-1.3	-2.4	121.643	-0.8	–	-5.5	–	–	–	–
Transportation	289.420	5.8	-0.6	-3.0	283.290	4.6	–	-2.2	–	–	–	–
Private transportation	287.661	4.9	-0.4	-3.0	289.770	3.9	–	-1.9	–	–	–	–
New and used motor vehicles ⁽³⁾	126.403	-0.4	0.4	1.3	126.268	-0.1	–	1.2	–	–	–	–
New vehicles ⁽¹⁾	179.541	0.5	0.1	0.2	223.385	0.2	–	0.2	–	–	–	–
Used cars and trucks ⁽¹⁾	184.661	-1.9	0.7	2.3	430.159	-1.7	–	2.5	–	–	–	–
Motor fuel	352.826	24.8	-2.2	-11.6	323.999	19.7	3.1	-12.4	308.414	26.0	-3.4	-12.1
Gasoline (all types)	350.846	24.6	-2.1	-11.6	321.544	19.8	3.3	-12.3	307.781	25.7	-3.5	-12.2
Motor vehicle insurance ⁽¹⁾	856.080	-4.5	-0.3	-2.4	–	–	–	–	–	–	–	–
Medical care	593.781	1.7	0.2	0.1	545.376	5.7	–	-0.9	–	–	–	–
Recreation ⁽³⁾	145.242	2.6	0.2	0.6	137.141	2.2	–	0.3	–	–	–	–
Education and communication ⁽³⁾	147.498	0.5	0.7	-0.1	133.150	-0.5	–	0.1	–	–	–	–
Tuition, other school fees, and childcare ⁽⁴⁾	914.224	2.7	0.6	0.7	101.141	4.5	–	0.2	–	–	–	–
Other goods and services	607.421	4.3	0.0	0.2	528.075	-0.6	–	-0.1	–	–	–	–
SPECIAL INDEXES (CPI-U)												
Energy	325.150	14.7	-1.2	-6.0	344.643	12.7	2.6	-5.4	233.353	14.6	-1.6	-6.6
All items less shelter	300.178	3.5	-0.1	-0.7	291.342	3.6	–	-0.4	–	–	–	–
All items less food and energy	337.133	2.5	0.1	0.1	309.337	1.9	–	0.2	–	–	–	–
All items (1967 = 100)	1000.271				975.882				–			
CPI FOR URBAN WAGE EARNERS AND CLERICAL WORKERS (CPI-W)												
All items	327.104	3.4	0.0	-0.5	321.907	3.3	–	-0.1	–	–	–	–
All items (1967 = 100)	974.343				992.654				–			

(1) For Dallas, indexes on a February 1978=100 base. For Houston, indexes on an April 1978=100 base.

(2) Indexes on a December 1982=100 base.

(3) Indexes on a December 1997=100 base.

(4) For Dallas, index on a December 2024=100 base. For Houston, index on an April 1978=100 base.

Note: The CPI measures changes in prices of all goods and services purchased for consumption by urban households. The indexes for food at home, energy, and shelter are compiled monthly for the Dallas and Houston areas. Full surveys, which produce the All Items Indexes and major components, are compiled every two months. These full surveys are published for the odd-numbered months for Dallas and for the even-numbered months for Houston.